

# Academy

Summer Camp 2011



## Camp Highlights

- ◆ Chance to Earn Your Next Jersey in the Northern Elite Academy Program
- ◆ Combined Team Camp for Travel Teams

## Academy Overview

The Northern Elite Jr. Academy program offer a systematic, progressive development structure based on core principles of the game. This program will develop athletes primarily. These athletes will become skilled soccer players. In our view there are 7 attributes to a well developed athlete:

- ◆ Speed – practice at game speed displays coachable weaknesses that can be helped
- ◆ Strength – core advantages to all athletes, apply the strength appropriately for greatest effect
- ◆ Flexibility – reduces likelihood of injury and allows greater freedom of motion
- ◆ Coordination – balance and touch are supremely important for effective players
- ◆ Endurance – there are no timeouts in soccer and few stoppages
- ◆ Intelligence – deeper understanding of the game creates Cinderella stories
- ◆ Competitiveness – a desire to be better is a healthy approach to so much in life

## Camp Gear

- ◆ All kids get a Ball and their appropriate color Academy Jersey
- ◆ Participation or Academy Certificates
- ◆ Sports drinks and water provided

**Ages: 4-12**

**Dates: July 25-29, 5:30-8PM**

**Location: Rutledge Park, 3900 Norrisville Rd, Jarrettsville**

**Cost:**

- ◆ New and Unaffiliated Players - \$135
- ◆ Northern Elite Players - \$100
- ◆ Be an assistant coach - \$50/child discount

## Player Info

First/Last Name	Gender	DOB	Shirt Size	Goalkeeper?	Medical Conditions

[www.northernelitesoccer.com](http://www.northernelitesoccer.com)

**“Excellence in Training”**

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## Family Info

Address: \_\_\_\_\_  
\_\_\_\_\_

Email: \_\_\_\_\_

## Parent/Guardian Contact Info for the Week

Primary: (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_

Secondary: (Name) \_\_\_\_\_ (Phone) \_\_\_\_\_

**PARENT OR GUARDIAN, PLEASE READ AND SIGN BELOW:** I understand that my child will **NOT** be covered by any program insurance, and I agree that I will not hold the team, program, coach, instructor, or NORTH HARFORD RECREATION COUNCIL responsible for any injuries received while participating in any North Harford Rec. program. I agree to demonstrate good sportsmanship at all times during practices and games, toward the coaches, officials, players and league personnel.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Fees:

Rec or Unaffiliated Players: \$135 x \_\_\_\_\_ = \_\_\_\_\_

Northern Elite Players: \$100 x \_\_\_\_\_ = \_\_\_\_\_

Assistant Coach Discount: \$50 x \_\_\_\_\_ = (\_\_\_\_\_) [must attend all sessions]

Chick-Fil-A Tournament: \$50 x \_\_\_\_\_ = \_\_\_\_\_

= \_\_\_\_\_ Total

Send Completed Form and Check payable to "NHRC"

Northern Elite Academy -- 1734 Jerrys Rd -- Street, MD 21154

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